

1. The Formation Staff in Religious Congregations (15h)

Goals: to provide orientation to staff of houses of religious formation in each of the different areas of formation: human, spiritual, intellectual and apostolic.

Contents of the Course: Human dimension: physical care and health; teaching human virtues; formation of affectivity; skills for relationship and life in common; connection between freedom and responsibility. Spiritual dimension [it is assumed that the participants will take the course on spiritual direction]: spiritual life as union with God and configuration with Christ; vows in religious life: chastity, poverty, obedience and other particular vows; living celibacy; liturgical life: Eucharist and liturgy of the hours; mental prayer and *lectio divina*; common life and fraternity; devotion to the Blessed Virgin Mary. Intellectual dimension: connection between piety and doctrine; philosophical and theological studies; cultural formation. Apostolic dimension: the specific mission of the congregation; catechesis. Other dimensions: collegiality in government; relationship with other collaborators in formation; silence of office.

Profs. Francisco Insa, Laurent Touze & Paul O'Callaghan

2. Fundraising as Faithraising for Religious Institutions (5h)

Fundraising is a technique that is developing more and more in Europe and in the United States of America as an institutional culture among enterprises and NGO's. This specific technique has also been used to grow the temporal means of the Catholic Church. When applying this instrument to the ecclesial institutions, it becomes a vehicle to transmit the Faith and to evangelize potential donors. This course aims to explain the basic elements of fundraising and the special character it takes when developing a Religious Congregation or any kind of institution promoted within the Church. We will focus into serving families and the long-term sustainability of the temporal goods needed for the spiritual mission of the Church.

Prof. Cristian Mendoza

3. Liturgy: Source and Summit of the Christian Life (15h)

Why does Liturgy matter? The Vatican Council II calls it "the source and summit" of the Christian life (cfr. SC 10). Nevertheless, western culture tends to suspect about ritual actions. We also know from Christian experience that it is not easy to live according to the form of the liturgy. Moving from these cultural and pastoral difficulties, the course explores the ritual dimension of Christian Salvation both in the Old and New Testament. According to the Liturgical Movement and

the Conciliar Renewal, the Liturgy will be considered as the ritual update of the Paschal Mystery. The presence of the Paschal Mystery calls for artistic responses expressing the depth and beauty of the Church's encounter with the Trinity.

Profs. Juan Rego Giovanni Zaccaria & Randifer Boquiren

4. Spiritual Accompaniment (15h)

Goals: To offer skills to those in charge of spiritual accompaniment or direction (whether it is imparted to religious of their own order or to people of other ecclesial conditions) and to help them realize better their important role in the Church.

Contents of the Course: Nature and goals of spiritual accompaniment. Characteristics of a good spiritual director. Place and frequency. Topics to be addressed in conversations. Distinction between the external forum and the forum of conscience. Teaching how to pray. Encouraging ascetic struggle: growing in virtues and mortification. Internalizing one's own charism. Characteristics peculiar to different ages. Spiritual accompaniment in other ecclesial conditions: young people, spouses, priests. Spiritual direction and vocational discernment. Spiritual accompaniment of people with physical and mental illnesses.

Profs. Francisco Insa, Laurent Touze & Paul O'Callaghan

5. Canonical Notions Regarding the Consecrated Life (15h)

The juridical dimension of the consecrated life entails the sensibility that seeks justice in the various different relationships of which it is composed: governance, formation, and mission are the three areas in which these types of relationships are manifested. The study of certain issues present in these areas, in light of the norms of the Code of Canon Law and of the most recent documents of the Holy See, represents the fulcrum of this Refresher Course.

Topics:

1. *Some General Notions*: protection of the charism; proper law; means of control and vigilance; juridical sensibility; consultation; autonomy and hierarchical communion (relationship with Bishops, Episcopal Conferences, Roman Curia ...).

2. *Governance*: Superiors and their Council (can. 617-630); Religious houses (can. 608-616); Chapters (can. 631-633); Instruction "The Service of Authority and Obedience" (11 May 2008).

3. *Formation*: Novitiate (can. 641-653); Permanent Formation (can. 659-661); Transfer, departure, dismissal of members... (can. 684-704).

4. *Mission*: Apostolate of the Institute (can. 673-683); Closure, expansion, change... of works; Permanent reference to the charism; Cloister (cost. ap. Vultum Dei quaerere and instr. Cor Orans).

Profs. Fernando Puig, P. Gefaell, L. Navarro & J. Miñambres

6. Bioethics Course for Catholic Health Care Workers (15h)

For centuries, the Morality of Human Life has dealt with certain topics that nowadays are being openly questioned and challenged in the field of contemporary Bioethics.

The Course we are introducing will address some of those issues, with special emphasis on the ones closely linked to the clinical practice in Catholic health care Institutions.

Fully aware of the complexities of those matters, we will give answers to them in faithfulness to the teachings of the Catholic Church. In doing so, we will pursue a constructive dialogue with the diversity of thought we find in today's Western culture and society.

Topics:

1. Introduction: Bioethics and Moral Theology. 2. The Value of Human Life as found in the Sacred Scriptures and in the Philosophical Thought: Sacredness and Dignity of Life. 3. Human life considered in its Origins: Biological, Philosophical and Moral Status of the Human Embryo. 4. Artificial Reproductive Technologies. 5. Prenatal Diagnosis, Abortion and Vital Conflicts During Pregnancy. 6. Ethics of Human Research. 7. Moral Obligation to Preserve Life: End-of-Life Virtuous Decision making. 8. Caring the Dying: Palliative Care and Palliative Sedation. 9. Determination of Death: Medical and Moral Issues Regarding Brain Death and Asystole. 10. Ethical and Political Questions Involved in Euthanasia and Physician-Assisted Suicide

Profs. Pablo Requena & Pau Agulles